

# Macrophages display proinflammatory phenotypes in the eutopic endometrium of women with endometriosis with relevance to an infectious etiology of the disease

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**Objective:** To phenotype transcriptomically M1 macrophages (M $\phi$ 1) and M2 macrophages (M $\phi$ 2) in the endometrium of women with endometriosis.

**Design:** Prospective experimental study.

**Setting:** University research laboratory.

**Patient(s):** Six women with endometriosis and five controls without disease, in the secretory phase of the menstrual cycle.

**Intervention(s):** M $\phi$ 1, M $\phi$ 2, uterine natural killer, and T regulatory cells were isolated from human endometrium using a uniquely designed cell-specific fluorescence activating cell sorting panel. Transcriptome profiles were assessed by RNA high sequencing, bioinformatics, and biological pathway analyses.

**Main Outcomes Measure(s):** Differential gene expression between M $\phi$ 1 and M $\phi$ 2 in women with and without endometriosis and in M $\phi$ 1 versus M $\phi$ 2 in each group was determined and involved different biologic and signaling pathways.

**Result(s):** Flow cytometry analysis showed no significant differences in total numbers of leukocytes between control and endometriosis groups, although M $\phi$ 1 were higher in the endometriosis group versus controls. Statistical transcriptomic analysis was performed only in M $\phi$ 1 and M $\phi$ 2 populations due to larger sample sizes. Bioinformatic analyses revealed that in women with endometriosis, endometrial M $\phi$ 1 are more proinflammatory than controls and that M $\phi$ 2 paradoxically have a proinflammatory phenotype.

**Conclusion(s):** As M $\phi$  are phenotypically plastic and their polarization state depends on their microenvironment, the altered endometrial environment in women with endometriosis may promote endometrial M $\phi$ 2 polarization and an M $\phi$ 1 proinflammatory phenotype. Moreover, aberrant phenotypes of M $\phi$  may contribute to abnormal gene expression of the eutopic endometrium and a proinflammatory environment in women with endometriosis relevant to the pathophysiology of the disease and compromised reproductive outcomes. (Fertil Steril® 2019;112:1118–28. ©2019 by American Society for Reproductive Medicine.)

**El resumen está disponible en Español al final del artículo.**

**Key Words:** Endometriosis, macrophages, inflammation, endometrium, infection

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**E**ndometriosis is an estrogen-dependent inflammatory disease that results in pelvic pain and/or infertility. It affects approximately 10% of reproductive-age women (1–5) and is characterized by the presence of endometrium-like tissue outside the uterus where it elicits an inflammatory response (1, 3–5). The eutopic endometrium of women with endometriosis has been widely studied with regard to dysfunctionality of steroid hormone response, stem cell populations, and recruitment of immune populations for immune tolerance and overall tissue homeostasis and pregnancy success versus women without disease (1–5). However, there are scant data about the function and phenotypes of eutopic endometrial immune cells in women with and without endometriosis. As the endometrial immune niche involves multiple cell types with varying degrees of activation and communications among immune and nonimmune cells that dictate functionality of the tissue, characterizing the endometrial immune niche is of great relevance to understanding endometrial function and dysfunction.

Uterine natural killer cells (uNK) secrete angiogenic factors that contribute to the maturation of blood vessels that have a role in embryo implantation and successful pregnancy (6, 7). In healthy endometrium, their cytotoxic activity diminishes during the secretory phase of the menstrual cycle, which allows embryo implantation (8–10). However, in infertile patients with endometriosis, uNK have high cytotoxicity in the eutopic endometrium that could lead to an inhospitable environment for embryo implantation (11). Other immune cells, such as T regulatory cells (Treg), have also been described to behave differently in the endometrium of women with endometriosis. In healthy endometrium, they increase in the proliferative and decrease in the secretory phase, with the latter creating an immunotolerant environment allowing embryo implantation. However, in infertile women with endometriosis, Treg are increased in the peri-implantation endometrium, leading to an implantation failure (12).

Endometriosis has been referred to as “a disease of the macrophage” (13), based mainly on a replete literature on the roles and functionality of this cell type in the peritoneal fluid of women with disease and in the establishment of endometriosis lesions and associated processes of angiogenesis and fibrosis. M $\phi$  are key effector cells in both innate and humoral immunity as they phagocytose pathogens, act as antigen-presenting cells, and have a role in tissue regeneration, angiogenesis, and wound healing (14). In the eutopic endometrium of women without endometriosis, their numbers vary throughout the menstrual cycle, increasing in the secretory and menstrual phases (15). This increase may be attributed to their phagocytic properties and role in clearing cell debris and apoptotic cells during endometrial shedding (16). Cycle variation among endometrial M $\phi$  does not occur in women with endometriosis (17), suggesting that the survival of shed and refluxed endometrial cells may be enhanced, enabling them to migrate to the peritoneal cavity and establish disease. M $\phi$  are classified as either “classically activated” M $\phi$  (M $\phi$ 1) or “alternatively activated” M $\phi$  (M $\phi$ 2) (14), and, depending on the microenvironment, they

can switch from one type to the other (18). M $\phi$ 1 have a role in proinflammatory responses, whereas M $\phi$ 2 are involved in angiogenesis, anti-inflammatory reactions, and tissue repair (14, 19). In healthy endometrium, the predominant population is M $\phi$ 2 (19, 20), suggesting that the normal environment is anti-inflammatory. Taken together, most studies of the eutopic endometrium have focused on the number of immune cells in this tissue and how they fluctuate throughout the cycle, but little is known about their functionality in women with endometriosis.

Herein, we designed a novel flow cytometry panel to isolate M $\phi$ 1, M $\phi$ 2, Treg, and uNK from the eutopic endometrium of women with endometriosis and those with no evidence of disease. RNA high sequencing (RNA-seq) was used to elucidate M $\phi$ 1 and M $\phi$ 2 phenotypes and possible functions in disease. Overall, the data support a phenotypic switch of the common anti-inflammatory M $\phi$ 2 to the proinflammatory M $\phi$ 1 phenotype and a more exaggerated proinflammatory phenotype of the M $\phi$ 1 population in women with endometriosis.

## MATERIALS AND METHODS

### Sample Collection and Processing

Eleven endometrial biopsies in the secretory phase were collected: six from women with endometriosis (stages I–IV) and five from women with no evidence of endometriosis at the time of the surgery for benign gynecologic disorders. The mean age was 37 and 42 (23–49 years), respectively. To evaluate whether the age could confound the results, a nonparametric *t* test with a subsequent Mann-Whitney test ( $P < .05$ ) was performed, and no significant differences between groups were found ( $P = .2641$ ). Patients had not used hormone therapy for at least 3 months before the study. Endometrial samples were obtained through the University of California, San Francisco, National Institutes of Health Human Endometrial Tissue and DNA Bank under approval of the University of California, San Francisco, Committee on Human Research (IRB no. 10-02786), and written informed consent was obtained from all participants. Endometrial tissue was digested as described elsewhere (21). Briefly, it was minced mechanically and incubated for 1 hour at 37°C in digestion media, which contained collagenase type I and hyaluronidase (21). Subsequently, the single-cell suspension was filtered using a 40  $\mu$ m mesh to discard cell clumps, and single cells were cryopreserved in liquid nitrogen until use.

### Flow Cytometry Panel Design

A cytometry panel of 10 conjugated antibodies able to separate the immune populations of interest (M $\phi$ 1, M $\phi$ 2, Treg, and uNK) was designed. Specific membrane markers of resident and blood infiltrating immune cells were included to avoid sorting cells derived from the peripheral circulation. The brightest colors were used for the markers with the lowest antigen density. Minimum overlapping of 11 colors (10 antibodies plus the live/dead dye) was achieved. The markers and lasers used for each population are shown in Table 1, and the gating strategy is shown in Figure 1A. First, the cells were

TABLE 1

## Antibodies used for the FACS.

Marker	Fluorochrome (excitation/emission)	Conjugated antibody	Manufacturer and reference	FACS Aria Laser
Live/dead	Aqua (405 nm/512 nm)	—	ThermoFisher (L34957)	Violet E
CD45	BV605 (405 nm/600 nm)	CD45-BV605	BD Bioscience (BDB 564047)	Violet
CD14	PE (496 nm/578)	CD14-PE	Biolegend (301805)	YGD
CD163	PE-Cy7 (561 nm/785 nm)	CD163-PE-Cy7	Biolegend (333614)	YGA
CD80	PerCP-Cy5.5 (488 nm/695 nm)	CD80-PerCP-Cy5.5	Biolegend (305231)	Blue A
CD3	BUV737 (355 nm/737 nm)	CD3-BUV737	BD Bioscience (BDB 564307)	UVA
CD4	BUV395 (355 nm/395 nm)	CD4-BUV395	BD Bioscience (BDB 563550)	UVC
CD25	BB515 (488 nm/515 nm)	CD25-BB515	BD Bioscience (564468)	Blue B
CD69	APC-Cy7 (640 nm/785 nm)	CD69-APC-Cy7	BD Bioscience (BDB 560737)	Red A
CD56	BV421 (405 nm/421 nm)	CD56-BV421	BD Bioscience (562752)	Violet F
CD16	APC-Cy7 (640 nm/660 nm)	CD16-APC	Biolegend (302011)	Red C

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gated with CD45 (leukocyte marker), conjugated with brilliant violet 605 (BV605). In the case of M $\phi$ , usually this population is a resident tissue population, and thus no specific tissue markers were used. It is challenging to differentiate between the M $\phi$ 1 and M $\phi$ 2 subpopulations, as they have some common markers and can polarize from one type to the other. Our strategy was as follows: for both types, CD14 marker conjugated with phycoerythrin (PE) was used. For M $\phi$ 2, CD163, a specific marker for this population, was used conjugated with PE-cyanin7 (PE-Cy7). As there are no specific markers for M $\phi$ 1 and it was suspected that the concentration of activated M $\phi$ 1 would be low in the endometrium (as M $\phi$ 2 are higher than M $\phi$ 1 in normal endometrium) (19), CD80 (activation marker) conjugated with peridinin chlorophyll protein complex-cyanin 5.5 (PerCP-Cy5.5) antibody, a bright dye, was used. Treg express CD3 and CD4 markers. The most accepted specific marker for Treg is Foxp3. This is an intracellular marker and thus could not be used for sorting. However, Treg also express CD25. To be able to discern between tissue Treg and Treg deriving from circulation, CD69, an activation marker for Treg that is expressed in tissue, was included. Thus, CD3<sup>+</sup>CD4<sup>+</sup>CD25<sup>+</sup>CD69<sup>+</sup> cells (tissue Treg) were isolated. The CD3 antibody was conjugated with ultraviolet B 737 (BUV737), as was the CD4 antibody with ultraviolet B 395 (BUV395). CD25 has a low antigen density; therefore, brilliant blue 515 (BB515) was used, which is one of the brightest dyes. Then CD69, a tissue activation Treg marker, was conjugated with allophycocyanin-cyanin7 (APC-Cy7), assuring that only resident Treg were isolated. For uNK cells, which are CD56<sup>+</sup>, as it is known that blood NK are CD16<sup>+</sup>, whereas uNK are CD16<sup>Low/-</sup> (22–25), CD56<sup>+</sup>CD16<sup>-</sup> were collected. For CD56, brilliant violet 421 (BV421), was used, and in the case of CD16, APC conjugated antibody was used. Finally, to separate between live and dead cells, aqua dye was used (sources of all antibodies are listed in Table 1).

### Fluorescence Activated Cell Sorting (FACS)

Endometrial samples were thawed at 37°C. After centrifugation at 1,300 rpm for 5 minutes, the supernatant was discarded and the pellet was washed with 1× phosphate-buffered saline (PBS). After another centrifugation, cells

were resuspended with 1× PBS + 5% bovine serum albumin and incubated at room temperature for 30 minutes. A minimum of 100,000 unlabeled cells were separated as a negative control. Ten conjugated antibodies were used to label the samples (Table 1). One microliter of antibody per million cells was used in all cases except for CD45 and CD4, where 2  $\mu$ L per million cells were needed for optimal cell labeling. A solution of all fluorochromes minus one was prepared for each antibody to assess any overlap among the channels in the FACS instrument. After 1 hour of incubation at 4°C in 1× PBS + 3% bovine serum albumin and in the dark, cells were washed with 1× PBS and centrifuged for 5 minutes at 1,300 rpm. The pellet was resuspended with 500  $\mu$ L of 1× PBS and labeled with 1  $\mu$ L of LIVE/DEAD Fixable Aqua Dead cell labeling dye (ThermoFisher). On the other hand, UltraComp eBeads compensation magnetic beads (ThermoFisher) were labeled with each of the 10 antibodies following the manufacturer's instructions, to allow the correction of the spectral overlap between fluorochromes. Using the gating strategy (Fig. 1A), each population was sorted in the FACS Aria Jabba the Hutt (BD Biosciences) instrument and collected in 1× PBS. Flow cytometry analysis of the sorted cells was performed using FlowJo.v10 software (FlowJo LLC), and statistical analyses (Mann-Whitney test,  $P < .05$ ) were conducted using GraphPad software (GraphPad Software).

### RNA Extraction

As low yields of cells were obtained after FACS (Fig. 1B), RNeasy micro kit (Qiagen) was used to isolate RNA from M $\phi$  populations (note yields from uNK and Treg cells were too low and were not used for RNA-seq). From the 22 sorted M $\phi$  samples (M $\phi$ 1 and M $\phi$ 2 populations of each of the 11 endometrial samples), RNA was extracted following the manufacturer's instructions to perform the total RNA-seq library prep from samples containing >900 cells (nine samples). The library preparation from the remaining samples, which contained at least 20 cells, was performed directly from cells in 1× PBS. RNA was eluted in 10  $\mu$ L of RNase-free water, and the quality (RNA integrity numbers) and concentration were measured using a TapeStation4200 System (Agilent).



TABLE 2

Comparisons of the M $\phi$  populations analyzed by RNA-seq.

Comparisons	Sample size	DEG (LogFC $\geq$ 2/FDR < 0.05)
1. M $\phi$ Endo vs. M $\phi$ Control	11 vs. 7	1,567
2. M $\phi$ 1 Control vs. M $\phi$ 2 Control	3 vs. 4	1,260
3. M $\phi$ 1 Endo vs. M $\phi$ 2 Endo	5 vs. 6	705
4. M $\phi$ 1 Endo vs. M $\phi$ 1 Control	5 vs. 3	1,422
5. M $\phi$ 2 Endo vs. M $\phi$ 2 Control	6 vs. 4	1,544

Note: The first column shows each comparison performed after quality control analyses. The second column shows the number of samples used in each population to perform each comparison. The last column shows the number of DEGs obtained in each comparison by Wald statistical test and FDR. Endo = endometriosis.

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from all the immune populations showed that CD45<sup>+</sup> cells corresponded to an average of 6.8% of the total sample, in agreement with other studies wherein leukocytes comprise 10%–20% of total endometrial cells (33–38). No significant differences in CD45<sup>+</sup> cells were observed between the control and endometriosis groups (Fig. 1C). Statistical analyses comparing the percentage of each subpopulation between controls and endometriosis were performed, and no significant differences were observed except for M $\phi$ 1, which was significantly higher in the endometriosis group ( $P=.0087$ ; Fig. 1D). Because resident tissue markers were included in the cytometry panel, contamination of immune populations from the peripheral circulation could also be calculated. In both the control and endometriosis groups, uNK (CD16<sup>-</sup>) were significantly higher compared with blood NK (CD16<sup>+</sup>) (Fig. 1E), demonstrating that there was almost no contamination with blood NK cells. The percentage of Treg coming from blood (CD69<sup>-</sup>) was higher than tissue Treg (CD69<sup>+</sup>), although it was not significant (Fig. 1E). Due to the low number of uNK and Treg cells obtained, RNA-seq was only performed in the M $\phi$  populations that had significantly greater numbers of cells. Thus, from the 44 original FACS-sorted immune populations, 22 samples (M $\phi$  populations) from the endometriosis and control patients were used for the transcriptome study.

### RNA Extraction and Gene Expression Analyses (RNA-Seq)

RNA concentrations extracted from M $\phi$  ranged between 5 and 45 ng/ $\mu$ L. After RNA-seq and quality controls, we excluded any FastQ sequences for which the number of reads did not reach our threshold of 5 million reads/sequence. Thus, the populations analyzed were five M $\phi$ 1 endometriosis, three M $\phi$ 1 control, six M $\phi$ 2 endometriosis, and four M $\phi$ 2 control. After statistical analysis, DEGs (FDR < 0.05 and LogFC  $\geq$  2) were found in all comparisons (Table 2; Supplemental Table 1).

Biologic significance of the DEG analyses revealed significant molecular functions, relevant molecules secreted by M $\phi$ 1 and M $\phi$ 2, activation/inhibition of upstream regulators, and deregulated networks in each comparison (activation Z score  $\geq$  2.00; Table 3). The 25 top deregulated networks are

shown in Supplemental Table 2. Increase in cell-cell contact was observed along with repression of RNA molecular functions, when comparing M $\phi$ 1 endometriosis versus M $\phi$ 1 control (comparison 4, Table 2). Increased cell-cell contact is consistent with, for example, increased adhesion to bacteria to accomplish bacterial engulfment. Top deregulated networks showed overexpression of cellular development, growth, and proliferation as well as overexpression of immune response-related networks, such as infectious disease and antimicrobial and inflammatory responses (Table 3). These data indicate that M $\phi$ 1 in endometriosis has a more extensive proinflammatory phenotype than M $\phi$ 1 in the control group.

In contrast, molecular functions upregulated in M $\phi$ 2 in endometriosis (comparison 5, Table 2) included an accumulation of Ca<sup>2+</sup>, increase in carbohydrate transport, and internalization of bacteria (Table 3). When comparing the M $\phi$ 1 of women with versus without endometriosis (comparison 4, Table 2), the upstream regulator TNF $\alpha$  was predicted to be increased (Table 3). Increased internalization of bacteria is consistent with the phagocytic properties of the proinflammatory M $\phi$ 1 phenotype. The top networks in endometrial M $\phi$ 2 from women with endometriosis included deregulation of connective tissue disorders, endocrine system development and function, lipid metabolism, inflammatory disease/response, and drug metabolism (Table 3). These data overall demonstrate that M $\phi$ 2 in the eutopic endometrium of women with endometriosis have a proinflammatory phenotype, compared with M $\phi$ 2 in control women.

### DISCUSSION

In the current study, we developed a cytometry panel that allowed for separating circulating immune cells and tissue resident cells and different immune cell types within human endometrium. Thus, the analyzed immune populations were purely tissue-activated resident cells devoid of contamination by circulating immune cells. One goal was to develop and optimize this panel for the current study. However, it will also have value for other researchers aiming to separate these tissue-specific populations, since it is a challenging panel to design due to the multiple colors used and the possible overlap between channels.

After cytometry analyses, where M $\phi$ 1 were found to be significantly higher in endometriosis, M $\phi$  were studied in more detail by transcriptomic analyses. To our knowledge this is the first RNA-seq data set of M $\phi$  in the eutopic endometrium of women with endometriosis. Abnormal distribution of M $\phi$  within the eutopic endometrium of women with disease could contribute to the aberrant distribution of immune cells in the pelvic cavity and the abnormal development and gene expression of this tissue. While M $\phi$  maintain organ homeostasis and facilitate host defense and wound healing, they also underlie the pathogenesis of many chronic inflammatory diseases (39).

The increased deregulated molecular functions and networks in M $\phi$ 1 in the endometrium of women with endometriosis indicate these cells have a more proinflammatory phenotype than M $\phi$ 1 in the control group. In addition, a

TABLE 3

## Deregulated molecular functions, networks and upstream regulators in macrophages comparisons.

	Molecular functions	Z score	Genes	Deregulated networks	Upstream regulators	Z score
Mφ Endo vs. Mφ Ctr	Senescence of fibroblast cell line	-2.09	ARHGAP10, DPY30, EREG, HYAL1, IL1A, LATS1, MAPK1, MATN4, ME2, PBRM1, POT1, PTEN, PTTG1, RBL1	Hematologic system development and function, <b>immune cell trafficking, inflammatory response</b> <b>Infectious diseases, antimicrobial response, inflammatory response</b>	↑ERG	2,333
	Activation of cells	1.95	ANGPT1, C3, CADM1, CD1D, CD4, CHRNA7, CSF2, DDIT4, EGF, EIF3A, GP1BA, HLAB1, IL13, IL1A, IL1R1, IL33, ITGA3, LBP, LTA, MYO18A, NOS3, NT5E, PSEN1, PTEN, PTGDR2, PTPN22, RAB5B, SBNO2, SIRPG, SPI1, STIM1, THBS1, TOP2A, VAMP4, VEGFA, WASL			
Mφ1 Endo vs. Mφ1 Ctr	Cell-cell contact	2.25	ACTN4, ANGPT1, ARF6, ARHGAP19, CBLL1, CLDN2, CTNNB1, DNM2, DSP, ESRP2, F2RL2, GDF15, GSK3B, IL13, ING4, ITGA4, NRDC, NT5E, PLCB1, RAPGEF3, SYK, TJP1	Organismal injury and abnormalities, cell morphology, cellular development Cellular development, cellular growth and proliferation, <b>reproductive system development and function</b> Dermatologic diseases and conditions, <b>inflammatory disease, inflammatory response</b> Cellular development, cellular growth and proliferation, <b>lymphoid tissue structure and development</b>	↑TNF	2,587
	Repression of RNA	2.19	CUL3, DR1, ERCC2, FOXG1, LCOR, MECP2, TAF1			
Mφ2 Endo vs. Mφ2 Ctr	Concentration of Ca <sup>2+</sup>	2.36	DRD1, ITGAL, KLRD1, LPAR4, PLG, TRPV5, VIPR2	Connective tissue disorders, <b>inflammatory disease, inflammatory response</b> Drug metabolism, endocrine system development and function, lipid metabolism Cell-to-cell signaling and interaction, hematologic system development and function, <b>immune cell trafficking</b> Cell death and survival, hematologic system development and function, <b>lymphoid tissue structure and development</b> Behavior, nervous system development and function, endocrine system disorders	↓LH	-2,169
	Transport of carbohydrates	2.21	ABCB1, AQP2, C3, CSF2RA, NPC1, RALBP1, SLC23A1, SLC2A3, SLC45A1, SLC5A1			
	Internalization of bacteria	2.15	C3, CEACAM6, ERBB2, PLG, PRKCA			

TABLE 3

Continued.

	Molecular functions	Z score	Genes	Deregulated networks	Upstream regulators	Z score
Mφ1 vs. Mφ2 Ctr	Cytotoxicity of leukocytes	-2.18	BMPR1A, CBLB, CD244, FCAR, KIR2DL4, KIR3DL1, KLRC1, NOTCH2	Cancer, cell death and survival, hematologic disease Cellular function and maintenance, cellular movement, carbohydrate metabolism Cell death and survival, cancer, organismal injury and abnormalities developmental disorder, hereditary disorder, organismal injury and abnormalities Hematologic system development and function, <b>lymphoid tissue structure and development</b> , tissue morphology	↓ miR-483-3p ↑ TGFβ1	-2,000 2,195
Mφ1 vs. Mφ2 Endo	Growth of <i>S. Cerevisiae</i>	-2.00	LIG1, PARP1, POLR2K, ZMPSTE24	Cell-to-cell signaling and interaction, hematologic system development and function, <b>immune cell trafficking</b>	↑ TNF	2,385
	Engulfment of cells	2.12	AP2B1, ATP6V1E1, AXL, CD47, CDC5L, CERK, CSK, DNM2, EGR1, ERBB2, LMBRD1, NR1H3, RHOG, SNX5, STK4, SYK, USPL1	Cell death and survival, <b>embryonic development</b> , organismal injury and abnormalities Cell death and survival, <b>inflammatory response</b> , cancer Cellular assembly and organization, cellular function and maintenance, neurologic disease Cancer, cell death and survival, organismal injury and abnormalities	↓ SATB1 ↑ INHBA ↑ NFκB ↑ IFNα	-2,400 2,449 2,784 2,186
					↑ IL15 ↓ VCAN ↓ TGFβ1	2,224 -2,000 -2,348

Note: The table shows the significant molecular deregulated molecular functions (Z score  $\geq 2$ ) obtained after IPA analyses of different macrophages comparisons, as well as the differentially expressed genes of the RNA-seq data set involved in these functions. The fifth column shows the five top deregulated networks in each comparison, where the immune-related networks are bolded. Finally, the sixth column shows the upstream regulators predicted to be activated (↑) or inhibited (↓) in the IPA analysis of each comparison. Endo = endometriosis; Ctr = control; ERG = ETS-related gene; TNF = tumor necrosis factor; miR-483-3p = microRNA-483-3p; TGFβ1 = transforming growth factor beta 1; SATB = stabilin 1; INHBA = inhibin subunit beta A; NFκB = nuclear factor kappa beta; IFNα = interferon alpha; IL15 = interleukin 15; VCAN = Versican.

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significantly higher number of sorted M $\phi$ 1 was observed in patients with endometriosis (Fig. 1D), confirming a previous report (40). Moreover, these results suggest that the eutopic endometrium of women with endometriosis is more proinflammatory than control endometrium, consistent with findings from other groups (17, 41).

An unexpected finding herein was the proinflammatory phenotype exhibited by endometrial M $\phi$ 2 from women with endometriosis. M $\phi$ 2 in other tissues generally display an anti-inflammatory phenotype (39), and, importantly, M $\phi$  are phenotypically plastic with regard to their polarization state depending on their microenvironment (42). Moreover, M $\phi$ 1 and M $\phi$ 2 gene expression signatures often overlap, and the resultant phenotype depends on the tissue microenvironment (40). Thus, the endometrial M $\phi$ 2 of women with endometriosis could undergo polarization in situ to M $\phi$ 1, adopting a proinflammatory phenotype, due to an altered environment. The paradigm of different subpopulations of M $\phi$  is controversial in the immunology literature. Specifically, it is unclear whether there are unique M $\phi$  populations (as M $\phi$ 1, M $\phi$ 2) or whether M $\phi$  comprise a unique population that alters its phenotype depending on environmental cues. Herein, we have referred to M $\phi$  as two different subpopulations (M $\phi$ 1 and M $\phi$ 2), although the dynamics and mechanisms driving proinflammatory and anti-inflammatory M $\phi$  functional phenotypes remain to be determined.

Notably, tumors take advantage of macrophage plasticity. For example, in the early phases of cancer, high production of M $\phi$ 1 inflammatory mediators activates the adaptive immune response capable of eliminating nascent neoplastic cells and also supports neoplastic transformation (40). In contrast, once the tumor is established, the main population of M $\phi$  is M $\phi$ 2, producing an anti-inflammatory environment, which allows tumor growth. Endometriosis is not a malignancy, although it shares some characteristics with cancers. In endometriotic lesions and peritoneal fluid of women with endometriosis, for example, M $\phi$ 2 are increased (43), indicating that, as in cancer, an anti-inflammatory environment prevails that favors development and growth of the endometriotic lesions. In addition, that M $\phi$ 2 have a role in angiogenesis further supports this paradigm. Finally, M $\phi$ 2 are also involved in nerve growth, suggesting they may also have a role in endometriosis-related pain (44).

The initial proinflammatory phenotype of M $\phi$  in cancer increases NF $\kappa$ B and downstream events and increases transcription of proinflammatory cytokines such as TNF $\alpha$ , IL12, IL23, IL1 $\beta$ , IL6, and reactive oxygen species. In the current study, the NF $\kappa$ B pathway was activated in M $\phi$ 1 of endometriosis, which does not occur in M $\phi$ 1 of control women (Table 3). Indeed, it has been described that the NF $\kappa$ B pathway is deregulated in the eutopic endometrium of women with endometriosis (45), which also indicates that the microenvironment in the endometrium of women with disease is more proinflammatory than healthy tissue.

Notably, an increase of transport of carbohydrates was observed in M $\phi$ 2 of women with endometriosis. It is known that glycolysis is high in M $\phi$ 1 and is decreased in M $\phi$ 2 and that M $\phi$  polarization may derive from a reprogramming of glucose metabolism (46). Several studies have suggested

that altering nutrient availability or blocking specific metabolic pathways skews the M $\phi$  phenotype and alters their effector functions in chronic inflammatory diseases (47). In this regard, M $\phi$  metabolism modulation could open a new therapeutic window for treating inflammatory diseases including endometriosis.

Finally, the upstream regulator TNF $\alpha$  was increased in IPA analysis when comparing M $\phi$ 1 of women with versus without endometriosis (comparison 4, Table 2); in addition, increased Ca<sup>2+</sup> accumulation was activated in M $\phi$ 2 (Table 3). It has been noted that a transient increase of Ca<sup>2+</sup> plays a role in the expression of TNF $\alpha$  by M $\phi$ 1 (48). Intracellular Ca<sup>2+</sup> oscillations are likely to induce permanent changes in M $\phi$  physiology, and a supraphysiologic elevation of Ca<sup>2+</sup> in mitochondria can be cytotoxic and induce apoptosis in the long term (48). Whether TNF $\alpha$ -mediated events play a role in M $\phi$  function awaits further studies.

Over the past decade, high-throughput sequencing techniques have challenged the dogma of the sterility of the uterine endometrium (49–54), and in particular an altered endometrial microbiome in women with endometriosis has been proposed (55). In addition, the endometrial microbiome also correlates with IVF outcomes (52), although whether this occurs in women with endometriosis awaits further study. However, treatment with antibiotics resulted in reduced numbers of endometriosis lesions in a mouse model, with concomitant alteration of the gut microbiome (56), although the endometrial microbiome was not reported in this study (54). Interestingly, a recent systematic review supports the use of antibiotics before oocyte retrieval in patients with endometriosis, among other gynecologic disorders (57). The presence of pathogenic, noncommensal bacteria in the endometrium may induce an altered immune cell profile and activation (increased numbers and activation of M $\phi$ 1 and activation of M $\phi$ 2) that could impact the production of cytokines by immune resident cells that adversely affect embryo implantation (58). In addition to effects on reproductive outcomes, the observed greater proinflammatory endometrial environment herein could be related to the pathophysiology of the disease. While attractive, we are aware that the sample size of the study is small. Therefore, these results should be taken with caution. Finally, whether the proinflammatory phenotype of the M $\phi$ 2 population reported herein is in response to commensal bacteria or pathogens, or whether M $\phi$  populations are implicated in reproductive outcomes, is not clear. However, it is anticipated that this important area of research could have profound implications clinically and diagnostically.

## Conclusions

Overall, the results of the current study lead to the conclusion that both M $\phi$ 1 and M $\phi$ 2 in the eutopic endometrium of women with endometriosis display a higher proinflammatory phenotype compared with controls without disease. Endometrial M $\phi$ 2 appear to be predisposed to M $\phi$ 1 polarization in women with endometriosis, thus increasing their inflammatory phenotype. These findings suggest that eutopic



endometrium has different M $\phi$  gene signatures depending on the presence or absence of disease and that the endometrial environment of women with endometriosis is more proinflammatory than control endometrium. Whether subtypes of the disease are associated with different subsets of immunity and whether the macrophage proinflammatory status is related to bacteria in the endometrium of women with disease are yet to be determined. Finally, the results herein may have implications regarding the impact of the macrophage phenotypes on reproductive outcomes and possible novel therapeutics for microbiome-related symptoms and response for fertility and pain in women with endometriosis.

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**Los macrófagos muestran fenotipos proinflamatorios en el endometrio eutópico de mujeres con endometriosis con relevancia para un etiología infecciosa de la enfermedad**

**Objetivo:** Realizar transcriptómicamente el fenotipo de macrófagos M1 (M $\phi$ 1) y macrófagos M2 (M $\phi$ 2) en el endometrio de mujeres con endometriosis.

**Diseño:** Estudio prospectivo experimental.

**Lugar:** laboratorio de investigación universitario.

**Paciente (s):** Seis mujeres con endometriosis y cinco controles sin enfermedad, en la fase secretora del ciclo menstrual.

**Intervención (es):** se aislaron del endometrio humano M $\phi$ 1, M $\phi$ 2, células natural killers uterinas y T reguladoras utilizando un único panel diseñado específicamente de clasificación de células activado por fluorescencia. Los perfiles del transcriptoma se evaluaron mediante ARN alta de secuenciación, análisis bioinformático y de patrones biológicos.

**Principales medidas de resultados:** se determinó la expresión diferencial de genes entre M $\phi$ 1 y M $\phi$ 2 en mujeres con y sin endometriosis y en M $\phi$ 1 versus M $\phi$ 2 en cada grupo e involucró diferentes vías biológicas y de señalización.

**Resultado (s):** el análisis de citometría de flujo no mostró diferencias significativas en el número total de leucocitos entre el grupo control y el grupo de endometriosis, aunque los M $\phi$ 1 fueron mayores en el grupo de endometriosis versus controles.

Debido a tamaños de muestra más grandes solo se realizó un análisis estadístico transcriptómico en poblaciones M $\phi$ 1 y M $\phi$ 2. Los análisis bioinformáticos revelaron que en mujeres con endometriosis, los M $\phi$ 1 endometriales son más proinflamatorios que los controles y, paradójicamente, los M $\phi$ 2 tienen un fenotipo proinflamatorio.

**Conclusión (es):** como las M $\phi$  son fenotípicamente plásticos y su estado de polarización depende de su microambiente, el ambiente endometrial alterado en mujeres con endometriosis puede promover la polarización de los M $\phi$ 2 endometriales y un fenotipo proinflamatorio en los M $\phi$ 1.